



**NOTICE OF RACE
PCISA HIGH SCHOOL DOUBLEHANDED
CHAMPIONSHIP
For the WAKEMAN TROPHY**



**Hosted by Encinal Yacht Club
on the Oakland/Alameda Estuary
Pacific Coast Interscholastic Sailing Association**

April 16-17, 2005

Entry Form (1 per team)

Liability Release and Waiver (1 per sailor)

1. RULES

The regatta will be governed by the Rules as defined in the 2005-2008 Racing Rules of Sailing. This includes the ISSA Procedural Rules & PCISA Procedural Rules. The regatta is classified as a Category A event.

2. ELIGIBILITY

2.1 A team is comprised of a minimum of 4 and a maximum of 8 sailors who **MUST** attend the same high school. Competing schools must be members of PCISA and all sailors must be registered with the PCISA. Teams must be accompanied by a designated Adult Team Leader/Chaperon, who may be an advisor, coach or parent and must be recognized by the school. That Adult Team Leader/Chaperone will be the only individual authorized to speak with authority to the organizing authority.

2.2 Selection of competing schools will be determined by PCISA Procedural Rules.

3. ENTRY AND COMMUNICATIONS

3.1 Eligible schools must e-mail their intent to compete to the Regatta Registrar no later than midnight on April 4, 2005. The e-mail address for intent to compete is: sgrove01@pacbell.net. Please be sure to indicate with this communication if you will need to charter a boat.

3.2 Schools intending to compete must then submit completed Entry and Waiver Forms, along with payment of entry fees and boat damage deposit (if chartering), by mail to the Regatta Registrar with a postmark no later than April 8, 2005. Entries not postmarked by April 8 will be relinquished to the next eligible school. Mail forms to: **Barb Grove, PCC Registrar, c/o 3687 Happy Valley Rd, Lafayette, CA 94549. Contact # is (925) 283-3182.** PCISA membership will be verified upon receipt of entry forms and at the time of final registration at the regatta site.

4. ENTRY FEE

4.1 There will be entry fee of \$25.00 per sailor. In addition to the racing, entry fee includes 2 lunches, dinner Saturday evening, one regatta t-shirt, and one free admission to the Strictly Sail Pacific boat show at Jack London Square. Additional lunches (\$6) and/or dinners (\$15) may be ordered with the entry form.

5. BOATS

5.1 Each team is responsible for providing one complete class legal CFJ. The CFJ's must be built within the last three years. Boats will need to pass inspection prior to racing in event. Sails will be provided by PCISA. Boat charters are available with first priority being given to Hawaii and SoCal teams. Charter requests should be included with a team's intent to compete and must be submitted by each team needing a boat.

6. CHARTER FEES AND DAMAGE DEPOSIT

6.1 \$100 charter fee made payable to Encinal Yacht Club.

6.2 \$300 boat damage deposit is required for all chartered boats. Please provide a separate check with registration. If not needed, the deposit will be returned at the end of the regatta.

7. SCHEDULE

Friday, April 15, 2005

1100-1700 Practice (optional)

1600-1800 Early Registration & Boat Inspection

Each team will be allowed to practice in their own boat or the boat they have chartered.

Saturday, April 16, 2005

0800-0930 Registration & Boat Inspection

0830-0945 Rigging of boats

1000 Competitor's meeting – MANDATORY

1045 First Warning. Racing will continue throughout the day. Lunch will be available (lunch included in registration fee), during boat rotation from the EYC docks. There will be no lunch break. Boats remain at EYC overnight.

1800 Dinner at EYC Dining Room (dinner included in registration fee; additional dinners may be ordered with entry form).

Sunday, April 18, 2004

0800-0900 Rigging of boats

0900 Competitor's Meeting – MANDATORY

1000 First warning. Racing will continue throughout the day. Lunch will be available on the dock during rotation. There will be no lunch break.

1500 No race will be started after this time.

1700 Trophy Presentation at Encinal Yacht Club.

All times are approximate. Any foreseeable changes will be posted as soon as possible.

8. RACING AREA/VENUE

8.1 The sailing area will be the Oakland/Alameda Estuary between Encinal Yacht Club and Coast Guard Island. Rotations will be made on the docks of Encinal Yacht Club.

8.2 Team members, coaches and spectators will be able to watch the racing from EYC's docks, upper deck, and from a small grassy park just south of EYC's boatyard (bring folding chairs).

9. COURSES/FORMAT

9.1 Based on conditions, the Race Committee will determine the courses. Short college-style courses will be used. A complete "Round Robin" will be attempted using the "Navy Special" format (race two races in a division, then rotate boats and divisions).

9.2. The Race Committee will run as many races as possible, up to a complete Round Robin. Rotations will be done off EYC's docks, and sailors will be expected to rotate quickly and efficiently. Races may run late on Saturday.

9.3 Sailors not racing may watch from any designated viewing area, provided they are *on* the docks prepared to rotate as the current division is finishing their second race.

10. JUDGING/PROTEST

Judges or observers may be on the water. They will act in accordance with ISSA Procedural Rules, Appendix 4. Judges may use the "Yellow flag rule." Clarification will be provided in the SI's. Protests will be handled in accordance with ISSA Procedural Rules as amended by PCISA. Jury will hear all protests on the water or in a designated location determined by the Race Committee.

10. SCORING

10.1 The regatta will be scored using PCISA Procedural rules. A "fast track" preliminary protest hearing system may be used. Details will be in the Sailing Instructions and discussed at the Competitor's Meeting.

11. HOUSING

11.1 Teams are responsible for their own housing. Reservations should be made *as soon as possible*, as the Strictly Sail Pacific boat show runs concurrently with our event in the same area. Suggested hotels in Alameda are listed at the end of this NOR

12. FOOD/ENTERTAINMENT

12.1 Lunches for Saturday and Sunday and one buffet dinner Saturday evening will be provided for each registered competitor. Additional lunches and dinners for coaches, parents, etc. are available for advanced purchase on the entry form. Also, the EYC dining room and bar will be open for lunch both days.

12.2 The Strictly Sail Pacific boat show will occur April 13-17 at Jack London Square in Oakland just north of the sailing site. One free admission is included per entry fee, and shuttle service between EYC and the boat show will be coordinated for PCC participants on Saturday and Sunday. For more information, visit www.sailamerica.com/strictlysail/shows/pacific

13. TRAVEL AND PARKING

13.1 Oakland International Airport is 20 minutes away from Alameda. Encinal Yacht Club will allow temporary trailer storage in designated areas Friday through Sunday. Ample parking is available around the Yacht Club. Signs will be posted to indicate both trailer storage and parking areas.

14. COACHING

14.1 Team leaders, chaperones, advisors, coaches and other support personnel may not go afloat in the sailing area April 16-17. Coaching will be done off the docks. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

15. PRIZES

15.1 Prizes will be awarded to schools placing 1st, 2nd, and 3rd and to skippers and crews placing 1st, 2nd, and 3rd overall. Additionally, the winning team's top skippers and crews will have their names engraved on the Wakeman Trophy.

15.2 The top five (5) teams, based on this regatta and the results of the PCISA 10% regattas, will receive invitations to participate in the ISSA Mallory Championships.

16. OFFICIAL NOTICE FOR ALL PCC PARTICIPANTS:

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. Infringements of this regulation and/or other discipline expectations occurring during April 15-17, 2005 may be the basis for disciplinary action. Discipline problems and enforcement of this regulation will be handled promptly by an adult Discipline hearing Board which will consist of three adult members; the Regatta Chairman or a designee, a member of the PCISA Board of Directors or a designee and the Chief Judge or a designee. The Discipline Hearing Board shall, at a time and method selected by it, meet to hear any problems and its decision to impose scoring penalties, or any other sanctions it alone deems appropriate, including summary removal from the entire regatta, shall be final without appeal permitted.

17. REGATTA CONTACTS

Barb and Steve Grove, Regatta Co-Chair, Registration
Phone: (925) 283-3182, e-mail: sgrove01@pacbell.net

Sheila and Chris Maher, Regatta Co-Chair
Phone: (925) 938-8565, e-mail: mahersailor@comcast.net

Lee Laney, EYC Junior Director
Phone: (510) 769-0221, e-mail: juniors@encinal.org

Timothy P. Hogan, President PCISA
Phone: (714) 434-4400; e-mail: thogan@warmingtonhomes.com

ACCOMMODATIONS

1. Marina Village Inn (510) 523-9450
1151 Pacific Marina (right next to EYC)
<http://www.marinavillageinn.com/>

2. Extended Stay (510) 864-1333
1350 Marina Village Parkway
<http://www.extendedstayamerica.com/minisite/default.asp?hotelID=566>

3. Hawthorne Suites (510) 522-1000
1628 Webster Street
<http://oaklandhs.com/>

4. CoralReef Hotel (510) 521-2330
400 Park Street

School: _____

<p>Entry Fee is \$25 per sailor: includes 2 lunches, 1 Saturday dinner, 1 t-shirt, & 1 admission to Strictly Sail Pacific.</p>	<p># Sailors _____ x \$25 ea</p>	<p>Entry Fees \$</p>
<p>Extra Lunches @ \$6.00 each Extra Dinner @ \$15.00 each</p>	<p># Saturday: _____ x \$6 ea # Sunday: _____ x \$6 ea # Saturday: _____ x \$15 ea</p>	<p>Extra Lunches: \$ Extra Dinners: \$</p>
		<p>TOTAL DUE: \$</p>

Payment by check payable to: **Encinal Yacht Club**. Please adhere to above deadlines.

2005 Pacific Coast High School Sailing Championship
April 16-17, 2005 – Encinal Yacht Club
Parent's Consent and Waiver of Liability/Assumption of Risk & Indemnity Agreement
To be completed individually by *each* participating team member

Sailor name: _____ High School:

The undersigned parents or legal guardians (hereafter referred to in the singular) of the above named child (the "Sailor"), request that the Sailor be allowed to participate at the Pacific Coast High School Sailing Championships at Alameda, California, and at other locations including The Encinal Yacht Club, Alameda, California and the Oakland/Alameda Estuary, Alameda, CA.

This agreement shall remain in effect until the end of the activities described above.

The Mallory Regatta is being run under the auspices of the Interscholastic Sailing Association ("ISSA"), the Pacific Coast Interscholastic Sailing Association ("PCISA"), is hosted by The Encinal Yacht Club ("SDYC"). These entities are collectively referred to herein as Regatta Providers ("RP").

In return for the Sailor being permitted to take part in the activities and to use the facilities and property associated with PCC, each of us makes the following promises and warrants the truth of the following facts:

1) I am familiar with yacht racing and regatta activities, and I understand officers, members and employees of RP are available to discuss the activities if I should wish additional information. I also understand I am solely responsible for the transportation to and from the regatta, and the arrival and departure of the Sailor at the beginning and end of each day's activity. I will not allow the Sailor to attend the regatta without appropriate supervision. I agree that the RP will have no responsibility for the direct supervision of the Sailor. The Adult Team Leader Chaperone named on the Regatta Entry Form and/or I/we, if present, will be responsible for the Sailor. I will inform the Sailor that he/she is expected to cooperate with, and follow the directions of the Adult Team Leader Chaperone and persons in charge of the activities and to act in a manner consistent with the spirit of good sportsmanship, the regatta rules and respect for the rights of others.

2) CONSENT The Sailor is in good health, and I know of no reason why he/she would be incapable of participating in the activities. I consent to the Sailor's participation in the regatta. The Sailor knows how to swim. I will immediately notify the designated RP Committee at the regatta site if a change in the Sailor's health or other condition would affect the Sailor's ability to participate in the activities.

3) WAIVER OF LIABILITY I waive and release any right I, the Sailor, my heirs, distributees, guardians, legal representatives and assigns may have or acquire to make a claim against, sue, attach the property of or prosecute any RP or its members, directors, trustees, officers, volunteers, agents, employees and affiliated organizations or persons ("the Releases") for monetary or other damages caused by injury to the Sailor or damage to the property of the Sailor or myself arising from the Sailor's participation in the activities and use of the facilities and property of any RP whether or not the injury or damage results from the negligence or other action, except intentional acts, of any of the Releases. (**My initials indicate that I have read this paragraph.** _____)

4) ASSUMPTION OR RISK I am aware that the activities will involve maneuvering and being on a boat or other watercraft on deep waters in potentially hazardous conditions which may include, among other things, strong and high winds and tides or currents, sudden and unexpected immersion in deep waters and collision with other watercraft, including barges and tugs, or stationary objects such as docks, pilings and buoys. With knowledge of the dangers involved, I voluntarily ask that the Sailor be allowed to take part in the activities. I ACCEPT ANY AND ALL RISKS TO MYSELF AND THE SAILOR OF INJURY, DEATH AND PROPERTY DAMAGE ARISING FROM PARTICIPATION IN THE ACTIVITIES AND THE USE OF THE FACILITIES AND PROPERTY OF ANY RP. WHETHER OR NOT CAUSED BY THE NEGLIGENCE OR OTHER ACTION, EXCEPT

INTENTIONAL ACTS, OF ANY OF THE RELEASES. (My initials indicate that I have read this paragraph. _____)

5) INDEMNITY AGREEMENT I agree to indemnify and hold the Releases harmless from any loss, liability, damage or cost, including reasonable attorneys fees, they may incur due to the Sailor's participation in the activities and use whether or not such loss, liability, damage or cost results from the negligence or other action, except intentional acts, of any of the Releases. (My initials indicate that I have read this paragraph. _____)

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THE AGREEMENT INCLUDES A WAIVER OF LIABILITY, AN ASSUMPTION OF RISK AND AN AGREEMENT BY ME TO INDEMNIFY THE RELEASES, AND I SIGN IT OF MY OWN FREE WILL.

School: _____ Sailor: _____

Sailor's Signature: _____ Print Name: _____

Parent/Guardian Signature: _____ Print Name: _____

Address: _____

Home & Cellular Phone #'s: _____

Date: _____

PLEASE NOTE:

Every participant team member must have this form properly filled out, signed and in the hand of the regatta committee in order to sail or participate. Make copies of this form as needed for each participant team member.

Pacific Coast High School Sailing Championships - MEDICAL RELEASE INFORMATION

School: _____ Sailor: _____

List all known allergies to medications: _____

Date of last tetanus shot: _____ Current medications: _____

Medical Insurance Information:

Sailor's Insurance Carrier: _____

Policy #: _____ Group #: _____

As the parent/guardian of the above named Sailor, I hereby acknowledge that the risk of injury, including serious debilitating injury, is involved in athletic participation. I recognize that ISSA, PCISA, and The Encinal Yacht Club and their representatives make efforts to reduce these risks, but further recognize that their efforts cannot and will not eliminate all such risks. I am aware of the risks involved, and give my consent for the above named student to participate in all activities associated with the PCC regatta.

I am aware that ISSA, PCISA, and The Encinal Yacht Club do not carry medical insurance for participants in this regatta and that medical insurance coverage will be provided by parent/guardian. Evidence of such coverage is provided above.

I further release and hold harmless ISSA, PCISA, and The Encinal Yacht Club, their Officers, Directors, Trustees, agents, liaisons, employees, coaches and athletic trainers from any and all liability arising from the above-named Sailor's participation in the Mallory regatta and all related activities.

In addition to the above, I hereby grant permission to any appropriately qualified health care professional to give any and all medically appropriate emergency care to my son/daughter/ward, including but not limited to anesthesia and surgery.

Parent/Guardian Signature:

_____ Date: _____ Phone # _____