

**NOTICE OF RACE**  
**PCISA**  
**PACIFIC COAST HIGH SCHOOL DOUBLE HANDED CHAMPIONSHIP**

**To Be Held At The**  
**United States Sailing Center**  
**5489 E. Ocean Blvd.**  
**Long Beach, CA 90803-4405**  
**562-433-7939 Phone**  
**562-433-3668 Fax**  
[www.ussclb.org](http://www.ussclb.org)

**Hosted By The**  
**Pacific Coast Sailing Foundation**  
**and the**  
**Pacific Coast Interscholastic Sailing Association**

**APRIL 22 - 23, 2006**

**NOTICE OF RACE**

**1. RULES**

The regatta will be governed by the revised 2005-2008 Racing Rules of Sailing, the prescriptions of US SAILING, the ISSA Procedural Rules, the PCISA Supplemental Rules, this Notice of Race (except as changed by the Sailing Instructions), and the Sailing Instructions. The regatta is classified as a Category A event.

**2. ELIGIBILITY**

2.1 A team is comprised of a minimum of 4, and a maximum of 8, sailors who **MUST** attend the same high school in grades 9-12. Teams must be accompanied by a designated adult Team-Leader Chaperone, who may be an advisor, coach or parent and must be recognized by the school.

2.2 Selection of competing schools for the PCC'S will be in accordance with the Supplemental Rules for the PCISA 2005/2006. The regatta has 23 berths (20-CA, 3-HI). Final event qualification decisions will be administered by the PCISA Executive Committee.

2.3 Each team must be a current member of ISSA and the PCISA.

2.4 Only one team per school may compete (No JV Teams) and all teams must compete in both divisions (A & B).

**3. ENTRY AND COMMUNICATIONS**

3.1 Eligible schools must enter by filing an official entry form with the US Sailing Center - Long Beach, CA by April 10, 2006. Entry fee must be included with the entry form. Please postmark by April 10, 2006 and fax a copy if mailing after April 7, 2006.

3.2 Eligible Teams unable to compete must notify designated regatta contact (Mike Segerblom) as soon as possible and by April 7, 2006.

3.3 PCISA will reallocate vacant berths accordingly.

3.4 An Agreement and Release from Liability and a Medical Consent Form must be completed for each competitor.

**4. ENTRY FEE**

There will be an entry fee of \$25.00 per person, a minimum of \$100.00 and maximum of \$200.00 per team. Entry fee includes boat charter, trophies, snacks after racing and a t – shirt for each paid competitor.

## 5. BOATS

Vanguard Collegiate FJs and PCISA Sails will be provided by the USSCLB & PCISA.

## 6. BOAT DAMAGE DEPOSIT

A boat damage deposit is not required, but sailors and teams are responsible for any damage they cause while sailing in borrowed boats.

## 7. SCHEDULE

### Saturday, April 22, 2006

0830 - 0945 Rigging of Boats and Final Registration.  
1000 Sailor's Meeting - MANDATORY.  
1030 Leave dock.  
1130 First Warning. Racing will continue throughout the day.  
No Lunch Break.

### Sunday, April 23, 2006

0830 - 0915 Rigging of Boats and Final Registration.  
0930 Sailor's Meeting - MANDATORY.  
1000 Leave dock.  
1100 First Warning. Racing will continue throughout the day.  
No Lunch Break.  
1600 No race will be started after this time.  
1700 Trophy Presentation.  
All times are approximate. Changes will be posted on the Notice Board.

## 8. RACING AREA

The Racing Area will be in the Long Beach Harbor near the Belmont Pier. Team members, coaches and spectators will be able to watch the racing from the Belmont Pier and rotations will be at the docks on the pier.

## 9. COURSES/FORMAT

Based on conditions, the Race Committee will determine the courses. Short college style courses will be used. A complete "Round Robin" will be attempted using the "Navy Special" format (Race 2 races in a division and then rotate boats and divisions).

## 10. SCORING

The regatta will be scored using ISSA Procedural rules.

## 11. HOUSING

Teams are responsible for their own housing. A list of local hotels is attached.

## 12. COACHING

Team-leaders, chaperones, advisors, coaches and other support personnel shall not have any contact with the competitors while afloat in the sailing area from April 22 through April 23, 2006 unless with the permission of the Race Committee. All coaching, crew rotation, exchange of clothing/food/drink and communication shall only occur on the docks at the Pier unless otherwise instructed by the Race Committee. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.

### 13. PRIZES

Prizes will be awarded to schools placing 1st, 2nd, 3rd, 4th and 5th and to skippers and crews placing 1<sup>st</sup> in each division. Additionally, in accordance with the PCISA Supplemental Rules scores/placing from this regatta will be used to determine the PCISA Qualifiers for the ISSA Mallory (Double-handed) Nationals. The winner's name will be placed on the William Wakeman Perpetual Trophy.

### 14. JUDGING/PROTEST

Judges or observers may be on the water. They will act in accordance with ISSA Procedural Rules, Appendix 4. Judges may use the "Yellow flag rule". Clarification will be provided in the SI's. Protests will be handled in accordance with ISSA Procedural Rules as amended by PCISA. Jury will hear protests on the water or in a designated location determined by the Race Committee.

### **15. OFFICIAL NOTICE FOR ALL PARTICIPANTS:**

**No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. Infringements of this regulation and/or other discipline expectations occurring during April 22 or 23, 2006 may be the basis for disciplinary action. Discipline problems and this regulation's enforcement will be handled promptly by an adult Discipline Hearing Board which will consist of three adult members; the Regatta Chairperson, a PCISA Officer and the Chief Judge. Said Board shall, at a time and method selected by them, meet to hear said problem and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the entire regatta, shall be final without appeal permitted.**

### 16. REGATTA CONTACTS

Regatta Chairman & PCISA President

Michael H. Segerblom, Executive Director US Sailing Center - Long Beach, CA  
562-433-7939 Phone; 562-433-3668 Fax; email: mikesego@ussclb.org

### 17. ADDITIONAL INFORMATION

For directions, maps of the area and additional information on the US Sailing Center - Long Beach, CA please visit our website at [www.ussclb.org](http://www.ussclb.org). For other questions or information contact:

United States Sailing Center  
5489 East Ocean Blvd  
Long Beach, CA 90803-4405  
562-433-7939 Phone  
562-433-3668 Fax

## **Hotels Close to the US Sailing Center**

### Local Area

Best Western Golden Sails Hotel – Within two miles of Sailing Center, \$80 - \$119, phone: (562) 596-1631

Guesthouse International Hotel – Three and a half miles, \$89 – \$109, phone: (562) 597-1341

Pacific Inn Seal Beach – Within three miles, \$110 - \$119, phone: (562) 493-7501

Seaport Marina Hotel – One and a half miles, \$89 - \$109, (562) 434-8451

### Downtown Long Beach

Renaissance Long Beach Hotel – Four miles, \$189 - \$275, phone: (562) 437-5900

Hyatt Regency – Four miles, \$209 - \$249, phone (562) 491-1234

Hilton – Four miles, \$100 - \$204, (562) 983-3400

Courtyard by Marriott – Four miles, \$118 - \$189, (562) 435-8511

### Long Beach Airport

Residence Inn by Marriott – Four miles, \$144 - \$209, (562) 595-0909

Marriott - Four miles, \$161 - \$209, (562) 425-5210

Holiday Inn – Four miles, \$119 - \$169, (562) 345-8082