

NOTICE OF RACE  
2007 Cardinal Invitational  
February 24-25, 2007

**HOSTS:**

Stanford University Sailing, Sequoia Yacht Club, Port of Redwood City

**1 RULES**

1.1 The regatta will be governed by the Racing Rules of Sailing (RRS) for 2005-2008, the prescriptions of US SAILING, the ISSA Procedural rules, the rules of the CFJ Class; and this Notice of Race (except as any of these are changed by the Sailing Instructions); and by the Sailing Instructions.

1.2 Each entered team is to provide one class legal CFJ in excellent, working condition.

1.3 Each boat is required to use sails issued by the PCISA.

**2 ELIGIBILITY AND ENTRY**

2.1 The regatta is open to teams which are current members of PCISA.

2.2 Competitors must be accompanied by a designated adult chaperone, who may be an advisor, coach or parent.

2.3 Each eligible team may enter one Varsity team, consisting of 2 skippers, 2 crews and their alternates.

2.4 Junior Varsity teams, consisting of 2 skippers and 2 crews and their alternates, are eligible for entry upon approval of PCISA.

2.5 A second JV team will be considered and admitted if there is reasonable space in the fleet for all interested teams.

2.6 Completed entry forms and \$100 entry fee payable to "Stanford Sailing" must be filed with the Stanford Sailing Office on or before Monday, February 19, 2007 at 5:00pm. Late entries will not be accepted.

**3 SCHEDULE OF EVENTS**

**Saturday 2/24**

**Sunday 2/25**

0900 Team Check-in, Boat Inspection	0800-0930 Breakfast at SYC
1000 Sailors Meeting, Races to Follow	1000 First Warning
Post-racing dinner/social event	1600 No races after this time

Team Check-In and Boat Inspection will be at the Port of Redwood City Public Ramp, Chesapeake Drive, Redwood City.

**4 SAILING INSTRUCTIONS**

Sailing Instructions will be available at Registration.

**5 FORMAT**

5.1 The regatta will be sailed in two flights - a gold flight and a silver flight, each flight with an A division and a B division. Flight allocation will be done by PCISA. Total high school fleet limit of 60 teams.

5.2 Each entrant team will compete in two divisions, A and B, with substitutions in accordance with ISSA/PCISA rules.

5.3 Races will be sailed in a Round Robin Format, with entrants rotating boats as prescribed by the

Rotation Sheet provided at registration.

## 6 COURSE

6.1 The racing area will be Redwood City Turning Basin.

6.2 Course diagrams will be provided in the Sailing Instructions.

## 7 SCORING

7.1 A minimum of 3 races in each division will constitute a series.

7.2 Each team will complete a Record of Participation form at the regatta. The form will include names of skippers and crews, their anticipated graduation year and the races each participant sailed. Failure to accurately complete this form may result in a scoring penalty of up to 20 points per division.

## 8 COACHING

8.1 All coaching must be done on shore

8.2 Any spectators on the water shall have no contact with any competitor except when rendering assistance under RRS Rule 1.1, or as instructed by the Race Committee. Coaches are not allowed on the water.

## 9 TROPHIES

Trophies will be awarded in Gold and Silver Fleets, and top skipper and crew in each division. Awards will be given as soon as possible after the last race at the Stanford Boathouse.

## 10 CHARTERS

Stanford's CFJ's are available for charter by GOLD Fleet teams for \$100 each, on a farthest traveled or first-come, first-served basis. Email Jay Kehoe (jkehoe@stanford.edu) with individual requests. Peninsula Youth Sailing Foundation will also have charters available, contact Eric Anderson hiker4u@aol.com.

## 11 FOOD

11.1 A BBQ Bag Lunch will be available for purchase on-site for \$5 each. Cash only, please.

11.2 A post-race dinner/social event is scheduled for Saturday.

## 12 DISCLAIMER OF LIABILITY

12.1 Competitors shall comply with any reasonable request from any official, including while in attendance at event functions.

12.2 Competitors participate in the regatta at their own risk. See RRS 4, Decision to Race. The organizing authorities will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

## 13 INFORMATION

For information, Contact Jay Kehoe, Director of Sailing at jkehoe@stanford.edu, 650-723 2811

Stanford Sailing Program  
Department of Athletics  
Arrillaga Family Sports Center  
Stanford, CA 94305-6150



As the agent of the above named team, with my signature below I hereby authorized the staff of the Stanford Sailing to act for my team according to their best judgment in any emergency requiring medical attention, and I hereby waive and release Stanford for any and all liability for any physical injuries or illnesses while at the Cardinal Regatta. I have no knowledge of any physical impairment that would affect any of our sailors' participation in the regatta. My signature on this waiver also states that each of the above named sailors are covered by their own medical insurance policies, and that I will carry current information on those policies while attending Cardinal Regatta.

Team Captain Signature: \_\_\_\_\_

Coach/Advisor Signature: \_\_\_\_\_

**Please FAX a copy, then mail original with payment to: Fax (650) 725-7242 Ph:  
(650)723-2811  
Stanford Sailing Cardinal Regatta, Department of Athletics  
Arrillaga Family Sports Center, Stanford, CA 94305-6150**