

**2009 – 2010 SUPPLEMENTAL RULES FOR  
PACIFIC COAST INTERSCHOLASTIC SAILING ASSOCIATION  
“PCISA”**

These Supplemental Rules are in addition to the procedural Rules for Interscholastic Sailing Competition sponsored by the Interscholastic Sailing Association. Go to [www.highschoolsailingusa.org](http://www.highschoolsailingusa.org)

**1. ORGANIZATION**

- 1.1 The PCISA By-Laws (adopted December 11, 2005) are the governing document of the association.
- 1.2 An annual PCISA membership meeting will be held between September and January of each school year as determined by the PCISA Board of Directors.

**2. ELIGIBILITY**

- 2.1 All schools must be members in good standing of PCISA.
- 2.2 All competitors must be full-time students, in the 8<sup>th</sup> grade or higher, of the school they represent, and subject to the academic and discipline requirements of that school.
- 2.3 An 8<sup>th</sup> grade student attending a feeder school to the high school may sail the non-qualifying regattas (the five (5) 10% regattas). If a school enters a JV teams, an 8<sup>th</sup> grade student may not sail for any team.
- 2.4 Each team will be allowed one substitute, who is an eligible high school sailor, as a crew only, in order to complete a two-man or four-man team. This substitute may only sail in the non-qualifying high school regattas (five (5) 10% regattas).
- 2.5 Home school student(s) may participate upon approval of PCISA President by declaring the student(s) associated with a team within the student's school district.

**3. BOATS**

- 3.1 Club FJ's shall be used for all two-man events for California events only. The regattas shall be round robin. Each team must bring one boat with sails and equipment, in good working order. (PCISA may provide sails).

**4. CONDUCT OF REGATTAS**

- 4.1 Partial or "Split" Teams: When an eligible school can field only a single dinghy crew (comprised of two eligible individuals) for a PCISA 10% regatta, that team may compete in either division A or B division, under the following conditions:
  - 4.1.1 They must register, or be paired by PCISA officials, in conjunction with another school in the same situation (aka a "spilt team"), in order to balance entries in A & B divisions.
  - 4.1.2 Such partial teams will only be allowed if registered fleet size and venue capacity permits, and may be prioritized behind Junior Varsity Teams.

- 4.1.3 Such partial teams will be scored individually based on the division they are competing in, and shall be scored a DNF for the other division.
- 4.1.4 Schools which compete as a partial team at two or more PICSA 10% regattas during a given school year are then ineligible to compete as a partial team at any PCISA regatta in the subsequent school year. This provision is intended to discourage "perpetual split teams," and encourage teams to recruit complete rosters over time. The PCISA Board may modify this restriction in extenuating circumstances.
- 4.2 Junior Varsity: A school must obtain PCISA approval to enter a Junior Varsity (JV1) team. In order to be considered for approval, a school must have a minimum of 13 full-time members participating in an active sailing program.
- 4.3 Junior Varsity 2: A school must obtain PCISA approval to enter a second Junior Varsity (JV2) team. In order to be considered for approval, a school must have a minimum of 21 full-time members participating in an active sailing program.
- 4.4 Junior Varsity 3: A school must obtain PCISA approval to enter a third Junior Varsity (JV3) team. In order to be considered for approval, a school must have a minimum of 30 full-time members participating in an active sailing program.
- 4.5 Junior Varsity: A junior varsity team may only sail in the non-qualifying events, which consist of five (5) regattas (Anteater, Rose Bowl, Cardinal, Gaucho and Sea Otter). A junior varsity sailor may not transfer to the varsity during the event.
- 4.6 Junior varsity teams are eligible to enter regattas only after all varsity team entries have been accepted. JV2 teams are eligible to compete only if all entering JV2 team entries are accepted. Same for JV3 Teams. The regatta organizing authority will have final entry authority.

## **5. SUBSTITUTIONS**

- 5.1 In fleet racing there shall be no limitations on substitutions during a regatta except, when there are two or more divisions, an individual:
- A. After competing as a skipper, shall not sail in any other Division, but
  - B. After as crew may shift to another Division as skipper or crew but thereafter sail only in that Division.

## **6. PROTEST**

- 6.1 A boat intending to protest shall always inform the other boat at the first reasonable opportunity. When her protest concerns an incident in the racing area that she is involved in or sees, she shall hail the word "Protest" at the first reasonable opportunity. When the identity of the protested boat could be uncertain, the boat's sail number shall be included in the hail. Failure of a hailed boat to hear the hail shall not, by itself, be grounds for closing the protest (Replaces RRS 61.1(a)).
- 6.2 The Protest Committee may hear protests in between races.

## **7. DISCIPLINE**

- 7.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits) or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. Infringements of this regulation will be the basis for disciplinary action.
- 7.2 No contestant shall use foul language. Continued infringement of this regulation will be the basis for disciplinary action.
- 7.3 The PCISA Board of Director's or their designated PCISA representative has jurisdiction over disciplinary matters.

## **8. QUALIFICATION – DOUBLE-HANDED**

- 8.1 10% score each for the best three of five PCISA regattas (Anteater, Rose Bowl, Cardinal, Gaucho and Sea Otter Regattas).
- 8.2 Hawaiian schools must participate in at least one PCISA (10%) event in order to qualify for the Gold PCC's. The PCISA Executive Committee will determine the 30% score.
- 8.3 70% score for the Pacific Coast Championships. The Gold PCC's will be limited to 20 schools from California and 2 schools from Hawaii.
- 8.4 One team (A & B Maximum 8 Sailors) from each eligible and qualifying PCISA member school is eligible based upon the above requirements.
- 8.5 The Silver Championship Regatta will not allow a sailor who has been a skipper in more than one 10% regatta in the gold fleet during the current PCISA season to participate as a skipper or crew.

## **9. QUALIFICATION – SINGLE-HANDED**

- 9.1 One qualifier regatta sailed in both full rig and radial rig Lasers shall be held prior to the Cressy.

## **10. QUALIFICATION – TEAM RACING**

- 10.1 One team race regatta shall be held in the spring.

## **11. OPEN REGATTAS**

- 11.1 All open regattas will be available to any school.

## **12. GOLD & SILVER**

- 12.1 Teams at PCISA regattas will sail in either Gold or Silver. At the beginning of each season, PCISA representatives will seed the teams in the Gold and Silver fleets. Once in each fleet, any team may request to move. However, the top three teams in Silver and the bottom three Gold teams will be given consideration for a move.

**13. PCISA REGATTA ENTRIES**

13.1 All PCISA major regatta (10%, PCC's, etc.) entries must be submitted by Monday, 5:00 PM, preceding the weekend event.

**14. THE DISNEY CUP**

14.1 An overall trophy will be awarded to the top school and awarded points for 9 regattas. Conditions are available here.

1 PCC's

5 PCISA 10% Regattas

2 Cressy Eliminations

1 Team Race Regatta