



NORCAL HIGH SCHOOL CHAMPS

St. Francis Yacht Club

March 28-29, 2009

NOTICE OF RACE

1.0 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), PCISA procedural Rules, and by the Sailing Instructions.
- 1.2 RRS 40.1 will be changed as follows: All competitors are required to wear a life jacket or other adequate personal floatation device while racing.

2.0 ELIGIBILITY AND ENTRY

- 2.1 This regatta is open to all ISSA member schools.
- 2.2 Eligible teams may enter by completing the attached registration form.
- 2.3 All entries must be received by **Wednesday, March 25, 2009 at 1700 hours.**

3.0 FEES

Entry fee is \$30 per sailor.

4.0 SCHEDULE

Saturday, March 28, 2008

0930-1030 Mandatory Check In/Coffee & Bagels
1030 Competitors' Meeting
1130 First Warning Signal
After Racing Regatta Social at StFYC

Sunday, March 29, 2008

0930-1030 Coffee & Bagels
1100 First Warning Signal
After Racing Trophy Ceremony at StFYC

5.0 SAILING INSTRUCTIONS

The Sailing Instructions will be available at the check-in before the Sailors' Meeting, while an unofficial copy may be found on the StFYC web site by Thursday, March 26, 2009.

6.0 ROTATION

There will be no rotation for this event. **All teams must bring 2 class legal CFJs**, one for A division and one for B division.

7.0 LUNCHES

Lunches will be provided. Depending on the conditions, they will either be distributed on the dock during a lunch break or on the water.

8.0 RACING AREA

The intended race area will be either the water between Fort Mason and the San Francisco Marina or in Blackaller Cove .75 miles East of the Golden Gate Bridge South Tower.

9.0 SCORING

- 9.1 One race will constitute a series and all races shall count towards a boat's final score.
- 9.2 Each boat must have either a unique sail number or name printed in large letters on the mainsail.

10.0 STORAGE

- 10.1 If you plan on leaving a trailer, please park it in the spaces immediately East of the clubhouse.
- 10.2 On Saturday night, all boats must either be stored on the dinghy dock or the grass East of the clubhouse.

11.0 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, decision to race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

12.0 FURTHER INFORMATION

For further information please contact the St Francis Yacht Club Junior Office at 415.820.3729, email junior@stfyc.com or visit www.stfyc.com.



**NORTHERN CALIFORNIA
HIGH SCHOOL SAILING CHAMPIONSHIP**

St. Francis Yacht Club
March 28-29, 2009

ENTRY FORM

School: _____

A-Division Sail Number: _____

A-Division Skipper's Name: _____ **Graduation Year:** _____

A-Division Crew's Name: _____ **Graduation Year:** _____

B-Division Sail Number: _____

B-Division Skipper's Name: _____ **Graduation Year:** _____

B-Division Crew's Name: _____ **Graduation Year:** _____

Team Representative: _____

circle one: Team Captain / Coach / Parent

Email: _____

Phone: _____

*Release forms and payments will be collected Saturday, March 28 at check-in.

Please mail, fax, or email this form to the St. Francis Yacht Club Attn: Race Office NO LATER THAN 1700 hours on March 25, 2009.

Mail:

St. Francis Yacht Club
Attn: RACE OFFICE
On the Marina
San Francisco, CA 94123

Fax: 415.563.8670

Email: junior@stfyc.com



NORTHERN CALIFORNIA HIGH SCHOOL SAILING CHAMPIONSHIP

St. Francis Yacht Club
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RELEASE FORM

As the coach/advisor of the below named high school sailing team, with my signature below I hereby authorize the St. Francis Yacht Club to act for my team according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the St. Francis Yacht Club for any and all liability for any physical injuries or illnesses while at the Northern California High School Championship. I have no knowledge of any physical impairment that would affect any of our sailors' participation in the regatta. My signature on this waiver also states that each of the sailors named on the entry form are covered by their own medical insurance policies, and that I will carry current information on those policies while attending the Northern California High School Championship.

Team Name: _____

Coach/Advisor Name: _____

Coach/Advisor Signature: _____ Date: _____