

# PCISA Women's Invitational Regatta

Hosted by PCISA and San Diego Yacht Club

May 29-30, 2010

## Notice of Race

### 1. RULES

1.1 The regatta will be governed by the Racing Rules of Sailing (2009-2012), the prescriptions of U.S. Sailing, the ISSA Procedural Rules, the rules of the CFJ Class (except as modified by the sailing instructions); the Notice of Race and by the sailing instructions, all of which supplement and modify the former.

1.2 All boats must have current registration.

1.3 Class rules requiring CFJ class membership shall not apply.

1.4 All boats must use PCISA issued sails and be entered in a round robin rotation. The regatta will be sailed in one flight with A and B division rotations.

### 2. ADVERTISING

The regatta will be a Category A event.

### 3. ELIGIBILITY, ENTRY and COMMUNICATIONS

3.1 Competing Schools must be members of ISSA and meet eligibility rules as prescribed in the ISSA Procedural Rules.

3.2 The regatta is open to all female High School sailors and eligibility shall be determined by the guidelines of the ISSA Procedural rules.

3.3 Teams must be accompanied by a designated adult team leader, who may be an advisor, coach or parent recognized by the school.

3.4 High School sailing teams who wish to participate are asked to notify the regatta organizers by April 15th. **All entries must be received by 1700 hours Friday, April 30, 2010.** Exceptions may be made at the discretion of PCISA.

3.5 Entry forms and registration may be completed online at:

<http://www.sdyc.org/juniors/regattas/pcisa/>

### 4. FEES

An entry fee of \$125.00 per team will be required to complete registration. This fee includes 4 regatta participation awards, PCISA sail fee, continental breakfast and refreshments Saturday evening. Additional T-shirts are \$15 each and should be ordered in advance on the entry form.

## 5. SCHEDULE

**Friday April 30, 2010**

**Entry Deadline 1700**

**Friday, May 28, 2010**

1200-1600 Sail Excursion with America<sup>3</sup> Women Sailors aboard America's Cup Class Sailboat

There is a special event honoring the women who sailed with the America<sup>3</sup> America's Cup team. Participants in the PCISA Women's Invitational are invited to join the America<sup>3</sup> sailors sailing aboard America's Cup Class sailboats on Friday afternoon. There is no cost to participate. Please indicate how many sailors would be interested in participating in the America's Cup sailing event on the entry form.

1300-1800 Charter boats are available for practice on Friday afternoon, with prior coordination.

**Saturday, May 29, 2010**

Registration/Boat Inspection 0900-1000

Skippers Meeting 1000

Racing Begins 1100

**Sunday, March 21, 2010**

Skippers Meeting 0930

Racing Begins 1000

No start after 1500

## 6. CHECK IN AND BOAT INSPECTION

6.1 The Registration table will open at 0900 hours near the launch ramp. Teams must check in prior to boat inspection.

6.2 Representatives of the race committee will be available to inspect boats from 0900 to 0945 hours on Saturday morning.

6.3 Only teams whose boats have been inspected may pick up their sails.

## 7. LAUNCHING

**The launch ramp and docks may only be used by boats that are leaving for or returning from the racing area.** Teams may not use the launch ramp or docks for rigging or boat storage. Each team must provide a sufficient trailer or dolly for their boat.

## 8. SAILING INSTRUCTIONS

Sailing Instructions and boat rotations will be available at the registration table the day of the regatta.

## 9. VENUE AND LODGING

9.1 The host facility shall be the San Diego Yacht Club San Diego, CA. The racing area is the San Diego Bay between Shelter Island and Harbor Island.

9.2 Rooms for participants in the PCISA Women's Invitational have been reserved at the Bay Club Hotel for \$129/night. These rooms are reserved until April 29<sup>th</sup>, at which point they will be

released. There are several additional hotels on Shelter Island within walking distance of the regatta site.

9.3 For additional information about lodging please contact Tamra Henken at [tamra@teamortho.com](mailto:tamra@teamortho.com) or 949-633-8264.

## **10 CHARTERS**

Each team is responsible for providing one class legal CFJ. Charter boats (with dollies) are available from SDYC on a first come first serve basis. The point of contact for arranging charter boats is Carrie Schluter at [carrieschluter@gmail.com](mailto:carrieschluter@gmail.com) or John Fretwell at SDYC ([juniors@sdyc.org](mailto:juniors@sdyc.org)). Preference for charters will be given to out of state competitors. Sails are provided by PCISA and sail charter fees are included in the regatta entry fee.

## **11 SCORING**

The regatta shall be scored in accordance with ISSA Procedural rules.

## **12 COACHES AND SPECTATORS**

12.1 Coaching shall occur in accordance with ISSA and PCISA Procedural Rules, and shall not occur on the water.

12.2 Spectator boats shall monitor VHF Channel 71 for instructions from the Race Committee. Spectator boats are asked to check in with the race committee following the Skippers meeting on Saturday morning.

## **13 SAFETY**

Please ensure that your sailors are dressed adequately for the forecast conditions. Sailors not properly dressed may be sent to shore at the discretion of the race committee.

## **14 DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **15 INFORMATION**

For more information please contact SDYC Junior Program Director John Fretwell at San Diego Yacht Club ([juniors@sdyc.org](mailto:juniors@sdyc.org)).

## **16 OFFICIAL NOTICE:**

16.1 No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during the regatta (May 28-30) may be the basis for a hearing under RRS 69.1 The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.